

PRIMARY Key Findings 2017-18

Primary:

<p>▼</p> <p>▶</p>	<p>Primary school children reporting eating 5 or more portions of fruit and vegetables has decreased slightly over the previous 11 years of trend data from 31% in 2007/8 to 27% this year.</p> <p>The result has also remained stable at 27% from last years' results.</p>
<p>▲</p>	<p>Frequency of 'brushing teeth twice a day or more' has shown an upward trend for primary school pupils since 2007/8 at 66% to 76% this year, which has remained consistent from last year.</p>
<p>▲</p> <p>▼</p>	<p>Physical activity of '7 or more times of 30 minutes or more' has increased from 43% in 2012/13 after being fairly consistent around this number for 4 years previous, to 76% this year.</p> <p>This year's figure is a 1% decrease from last year.</p>
<p>▲</p>	<p>Numbers of primary pupils reporting they have 'never smoked, have tried or used to smoke' has consistently shown a slight increase over the last 11 years, stabilising at 99.8% this year from 98% in 2007/8. The best outcomes since the survey began were seen in 2014/15 at 99.9%.</p>
<p>▲</p>	<p>We have seen a sharp increase in 'abstinence from drinking alcohol' over the last 11 years from 57% in 2007/8 to 78% in 2017/18. The amount of pupils reporting not drinking alcohol has improved year on year, with this years' pupils reporting the best rates since the data began.</p>
<p>▼</p> <p>▲</p>	<p>'More at risk alcohol consumption' has reduced for primary pupils from 1% in 2007/8 to 0.2% in 2015/16, which was the survey's best result.</p> <p>The data has increased by 0.1% each year for the last 2 consecutive years, where the result now stands at 0.4%</p>
<p>▼</p>	<p>Feeling happy 'everyday, most days' has been consistent at 84% since the question was introduced in 2009/10, however this year's result saw a slight decrease of 1% for primary pupils from last year, from 84% to 83%, the lowest rate the survey has seen.</p>
<p>▲</p>	<p>Those reporting feeling 'stressed or anxious every day or most days' has increased consistently for 5 years from 13% in 2012/13 to 18% this year, which is a 1% increase from last years result.</p>
<p>▲</p>	<p>Bullying incidents in primary pupils have seen steady decreases since 2011. 59% of primary school pupils reported 'not at all' to being bullied in the last 12 months in 2011/12, which has increased to 68% this year.</p>