My Health, My School Survey Headline Report



## Key Findings 2017-18

## Primary & Secondary:

<ul> <li>just over 1 in 5 pupils (22%) reporting this response on an average day.</li> <li>Frequency of <i>brushing tech twice a day or more</i><sup>1</sup> has shown an upward trend since 2010/11 (69%). In 2017/18 results show a very slight overall decrease on the previous year, now at 77% from 78%.</li> <li>Year 11 data recorded a slight reduction to 81% (3% down on previous year).</li> <li>Physical activity of '7 or more times of 30 minutes or more' increased significantly in 2013/14 to 68% after remaining consistent at around 40% since 2009/10. After increasing to 70% last year (the highest physical activity levels recorded across the 11 years of the survey) this years' data decreased very slightly to 69%, with reductions across primary. Secondary and year 11.</li> <li>Overall numbers of pupils reporting they have 'never smoked, have tried or used to smoke' has consistently marginally increased over the last 11 years, stabilising at 98% since 2015/16. The best outcomes since the survey began were seen in 2017/18 for Year 11 at 88%.</li> <li>The rate of pupils smoking 10 or more cigrertes a day' has reduced significantly since 2007/8 to 65% in 2017/18 is consistent with last years' data which has remained stable since 2015/16. Since 2007/8 to 65% in 2017/18 is consistent with last year' data which has remained stable since 2015/16. Since 2007/8 year 11 results have increase from 7% to 25%. There was a decline in last years' data dirth of a clohol.</li> <li>Wore at risk alcohol consumption' has reduced from 4.4% overall in 2007/8 and continues to be consistent at around 1% overall since 2011/12. Primary pupil data has continued a downward improvement trend when consistent rate since the question was introduced in 0.0% in 2017/18. Secondary year groups saw a decrease in those reporting that they thave never the 2009/10. Year 11 also saw the lowest rate since the question was introduced in 2007/8 and continues to be consistent at around 1% overall since 2011/12. Primary pupil data has continued a</li></ul>
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2017/18 data reflects a slight 2% increase to 28%.
Of pupils reporting 'ever having had sexual intercourse', all year groups recorded a fall, secondary (49%, - 8%
down) and year 11 (49%, 3% down), in reporting <i>'either using a condom or a condom and another form of</i>
<i>contraception'</i> the last time they had sexual intercourse. This rate has seen a steady decrease since 2008/9 at 72% to 46% in 2015/16, and although it did increase last year to 57%, this year has seen another decrease of
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8%. The number of nunils reporting <i>'never using any form of protection'</i> the last time they had sexual intercourse
<ul> <li>8%.</li> <li>The number of pupils reporting '<i>never using any form of protection</i>' the last time they had sexual intercourse reached its highest at 35% this year, after consistently seeing an increase since 2007/8 when the rate was 19%.</li> </ul>

\*For more detailed and full data sets please go to <u>www.myhealthmyschoolsurvey.org.uk</u> or contact: <u>schoolwellbeing @leeds.gov.uk</u>